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1. 1 The different ways to construct effective medium

1.1. 1.1 The problem and the direct solution

Consider two mass-in-mass elements, $j = 1, 2$, interacting through a soft spring of constant h . Each element has an outer mass M_j and an inner mass m_j , and a coupling spring of constant k_i . Calling the displacement of the outer mass U_i and u_i that of the inner mass, it comes that the system obeys the motion equation

$$
\begin{bmatrix} k_1 + h & -k_1 & -h & 0 \ -k_1 & k_1 & 0 & 0 \ -h & 0 & k_2 + h & -k_2 \ 0 & 0 & -k_2 & k_2 \ \end{bmatrix} \begin{bmatrix} U_1 \ u_1 \ U_2 \ u_2 \end{bmatrix} = \omega^2 \begin{bmatrix} M_1 \ m_1 \ M_2 \ m_3 \end{bmatrix} \begin{bmatrix} U_1 \ u_1 \ u_2 \ u_3 \end{bmatrix}
$$
 (1)

For the unperturbated system, the equations are

$$
\begin{bmatrix} k_1 & -k_1 & 0 & 0 \ -k_1 & k_1 & 0 & 0 \ 0 & 0 & k_2 & -k_2 \ 0 & 0 & -k_2 & k_2 \ \end{bmatrix} \begin{bmatrix} U_1 \ u_1 \ U_2 \ u_2 \end{bmatrix} = \omega^2 \begin{bmatrix} M_1 & & & \\ & m_1 & & \\ & & M_2 & \\ & & & m_2 \end{bmatrix} \begin{bmatrix} U_1 \ u_1 \ U_2 \ u_2 \end{bmatrix}
$$
 (2)

The eigenvalues are

$$
0, 0, \omega_1 = \frac{M_1 k_1 + k_1 m_1}{M_1 m_1}, \omega_2 = \frac{M_2 k_2 + k_2 m_2}{M_2 m_2} \tag{3}
$$

and the corresponding eigenvectors are

$$
e_1 = [1, 1, 0, 0]^T
$$

\n
$$
e_2 = [0, 0, 1, 1]^T
$$

\n
$$
e_3 = [k_1, -k_1 M_1/m_1, 0, 0]^T
$$

\n
$$
e_4 = [0, 0, k_2, -k_2 M/m_2]^T
$$
\n(4)

1.2. 1.2 First order degenerate pertubation theory

Assume the solution as the superposition of vector e_3 and e_4

$$
u = xe_1 + ye_2 \tag{5}
$$

Subsituting that into Eq. (1), we have

$$
K(xe_1+ye_2)=\omega M(xe_1+ye_2)
$$
\n⁽⁶⁾

Let product of e_1 and e_2 gives the equations of the coefficients x, y . The equations are

$$
\begin{bmatrix} k_1^2 h + M_1^2 k_1 \omega_1^4 & -k_1 k_2 h \\ -k_1 k_2 h & k_2^2 h + M_2^2 k_2 \omega_2^4 \end{bmatrix} \begin{bmatrix} x \\ y \end{bmatrix} = \omega^2 \begin{bmatrix} M_1 k_1^2 \left(1 + \frac{M_1}{m_1}\right) & 0 \\ 0 & M_2 k_2^2 \left(1 + \frac{M_2}{m_2}\right) \end{bmatrix} \begin{bmatrix} x \\ y \end{bmatrix}
$$
(7)

If $k_1 = k_2$, $m_1 = m_2$, $M_1 = M_2$, then $\omega_1 = \omega_2$. And Eq. (7) can be reduced to

$$
\begin{bmatrix}k_1^2h & -k_1k_2h\\-k_1k_2h & k_2^2h\end{bmatrix}\begin{bmatrix}x\\y\end{bmatrix} = \left(\omega^2 - \omega_0^2\right)\begin{bmatrix}M_1k_1^2\left(1 + \frac{M_1}{m_1}\right) & 0\\0 & M_2k_2^2\left(1 + \frac{M_2}{m_2}\right)\end{bmatrix}\begin{bmatrix}x\\y\end{bmatrix}
$$
\n(8)

Since this method is the first order degenerate perturbation theory, so the error exhibit $\mathcal{O}(h^2)$.

Fig. 1. Frequency spectrum for $k_1 = k_2 = 10, h = 1, m_1 = m_2 = M_1 = M_2 = 1$. (a) Black lines are from exact solution Eq. (3), and red dash lines are from first degerate perturbation theory. (b) The error is propotional to h^2 .

Fig. 2. Frequency spectrum for $k_1 = 10$, $k_2 = 15$, $h = 1$, $m_1 = m_2 = M_1 = M_2 = 1$. (a) Black lines are from exact solution Eq. (3), and red dash lines are from first degerate perturbation theory. (b) The error is propotional to h^2 .

1.3. 1.3 The exact way

We transform the displacement vector to the new vector in the basis of eigenstates, or

$$
\begin{bmatrix} U_1 \\ u_1 \\ U_2 \\ u_2 \end{bmatrix} = \begin{bmatrix} 1 & 0 & k1 & 0 \\ 1 & 0 & -k_1 M_1 / m_1 & 0 \\ 0 & 1 & 0 & -k_2 \\ 0 & 1 & 0 & -k_2 M_2 / m_2 \end{bmatrix} \begin{bmatrix} v_1 \\ v_2 \\ v_3 \\ v_4 \end{bmatrix}
$$
 (9)
or $u = Uv$.

Substituting Eq. (9) into Eq. (1), we have

$$
U^T K U v = \omega^2 U^T M U v \tag{10}
$$

or

$$
\begin{bmatrix}\nh & -h & hk_1 & -hk_2 \\
-h & h & -hk_1 & hk_2 \\
hk_1 & -hk_1 & \frac{M_1^2 k_1^3 + 2m_1 M_1 k_1^3}{m_1^2} + k_1^2 (h + k_1) & -hk_1 k_2 \\
-hk_2 & -hk_1 k_2 & \frac{M_2^2 k_2^3 + 2m_2 M_2 k_2^3}{m_2^2} + k_2^2 (h + k_2)\n\end{bmatrix}\n\begin{bmatrix}\nv_1 \\
v_2 \\
v_3 \\
v_4\n\end{bmatrix} = \omega^2 \begin{pmatrix}\nM_1 + m_1 & 0 & 0 & 0 & 0 \\
0 & M_2 + m_2 & 0 & 0 & 0 \\
0 & 0 & \frac{M_1 k_1^2 (M_1 + m_1)}{m_1} & 0 & 0 \\
0 & 0 & 0 & \frac{M_2 k_2^2 (M_2 + m_2)}{m_2}\n\end{pmatrix}\n\begin{bmatrix}\nv_1 \\
v_2 \\
v_3 \\
v_4\n\end{bmatrix}
$$
\n(11)

Define $H = K - \omega^2 M$, and rewirte $H = \begin{bmatrix} H_{11} & H_{12} \ H_{21} & H_{22} \end{bmatrix}$ by 2 by 2 block matrices H_{ij} . Then the effective matrix of 2 v_3, v_4 is

$$
H_{\rm eff} = H_{22} - H_{21} H_{11}^{-1} H_{12}.
$$
\n⁽¹²⁾

The spectrum can be obtained from the vanishing of determinant of Eq. (12), or

Fig. 3. Frequency spectrum for (a) $k_1 = k_2 = 10$, $h = 1$, $m_1 = m_2 = M_1 = M_2 = 1$. and (b) $k_1 = 10$, $k_2 = 15$, $h = 1$, $m_1 = m_2 = M_1 = M_2 = 1$. Black lines are from Eq. (3) and red dash lines are from Eq. (13).

1.4. 1.4 Schrieffer-Wolff transform

For simplicity, we set $m_1 = m_2 = M_1 = M_2 = 1$, so Eq. (11) can be transformed into

$$
\frac{1}{2} \begin{bmatrix} h & -h & h & -h \\ -h & h & -h & h \\ h & -h & h+4k_1 & -h \\ -h & h & -h & h+4k_2 \end{bmatrix} \begin{bmatrix} v_1 \\ v_2 \\ v_3 \\ v_4 \end{bmatrix} = \omega^2 \begin{bmatrix} v_1 \\ v_2 \\ v_3 \\ v_4 \end{bmatrix}
$$
(14)

We separate Eq. (14) into the leading term and perturbative term, so we have

$$
\frac{1}{2} \begin{bmatrix} h & -h & 0 & 0 \\ -h & h & 0 & 0 \\ 0 & 0 & h+4k_1 & -h \\ 0 & 0 & -h & h+4k_2 \end{bmatrix} \begin{bmatrix} v_1 \\ v_2 \\ v_3 \\ v_4 \end{bmatrix} + \begin{bmatrix} 0 & 0 & h & -h \\ 0 & 0 & -h & h \\ h & -h & 0 & 0 \\ -h & h & 0 & 0 \end{bmatrix} \begin{bmatrix} v_1 \\ v_2 \\ v_3 \\ v_4 \end{bmatrix} = \omega^2 \begin{bmatrix} v_1 \\ v_2 \\ v_3 \\ v_4 \end{bmatrix}
$$
(15)
or $Kv = \omega^2 v$, where $K = K_0 + K_1$.

Now we want to do the Schrieffer-Wolff transform to separate the low frequency subspace to the high frequency subspace. We define the unitary transform $v = Uw$ where $U = e^S$ and S is an anti-Hermitian matrix. After the unitary transform the stiffness matrix is transformed into

$$
K' = e^S K e^{-S} \tag{16}
$$

 (13)

By using the Baker-Campbell-Haussdorf formula , we have

$$
K' = K + [S, K] + \frac{1}{2}[S, [S, K]] + \dots
$$
\n(17)

or

$$
K' = K_0 + K_1 + [S, K_0] + [S, K_1] - \frac{1}{2}[S, [S, K_0]] - \frac{1}{2}[S, [S, K_1]] + \dots
$$
\n(18)

The Hamiltonian can be made diagonal to first order in K_1 by choosing the generator S such that

$$
[K_0, S] = K_1 \tag{19}
$$

This equation always has a definite solution under the assumption that hK_1 is off-diagonal in the eigenbasis of K_0 . Substituting this choice in the previous transformation yields:

$$
K' = K_0 + \frac{1}{2} [S, K_1] + \mathcal{O} \left(h^3 \right) \tag{20}
$$

where K' is block diagonalized so we finish the separation of low frequency subspace and high frequency subspace. The error after SW transform are O (h^3) while it is $O(h^2)$ for first degenerate perturbation theory. Actually, the SW transform is the second degenerate pertubation theory which is not commonly used. To get S, let's diagonalize K_0 by producting a unitary transform matrix \mathcal{U}_1

$$
\begin{bmatrix}\n\frac{1}{\sqrt{2}} & -\frac{1}{\sqrt{2}} & 0 & 0\\
\frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} & 0 & 0\\
0 & 0 & E_{11} & E_{12}\\
0 & 0 & E_{21} & E_{22}\n\end{bmatrix}
$$
\n(21)

where $K_1E_i = d_iE_i$. And K_0 is diagonalized as

$$
K_0' = \begin{bmatrix} 0 & 0 & 0 & 0 \\ 0 & h & 0 & 0 \\ 0 & 0 & d_1 & 0 \\ 0 & 0 & 0 & d_2 \end{bmatrix}
$$
 (22)

where

$$
d_1 = \frac{h}{2} + k_1 + k_2 - \frac{\sqrt{h^2 + 4k_1^2 - 8k_1k_2 + 4k_2^2}}{2}
$$

$$
d_2 = \frac{h}{2} + k_1 + k_2 + \frac{\sqrt{h^2 + 4k_1^2 - 8k_1k_2 + 4k_2^2}}{2}.
$$

(23)

And K_1 are transformed into

$$
K_1' = \mathcal{U}_1^T K_1 \mathcal{U}_1 \tag{24}
$$

and it is

$$
\begin{bmatrix}\n0 & 0 & K'_{11} & K'_{12} \\
0 & 0 & K'_{21} & K'_{22} \\
K'_{11} & K'_{12} & 0 & 0 \\
K'_{21} & K'_{22} & 0 & 0\n\end{bmatrix}
$$
\n(25)

And the solution of S is

$$
S_{ij} = \begin{cases} \frac{K'_{ij}}{d_j - d_i} & i \neq j \\ 0 & i = j \end{cases} \tag{26}
$$

and then from Eq. (20), we have

$$
K'_d = K'_0 + \frac{1}{2}[S, K'_1] + \mathcal{O}\left(h^3\right) \tag{27}
$$

Rotating back give the stiffness matrix whose low frequency subspace and high frequency subspace are separated

$$
K' = \mathcal{U}_1 K_d' \mathcal{U}_1^T \tag{28}
$$

Fig. 4. Frequency spectrum for $k_1=k_2=10, h=1, m_1=m_2=M_1=M_2=1$. (a) Black lines are from exact solution Eq. (3), and red dash lines are from SW transformation. (b) The error is propotional to h^3 .

Fig. 5. Frequency spectrum for $k_1=10$, $k_2=15$, $h=1, m_1=m_2=M_1=M_2=1$. (a) Black lines are from exact solution Eq. (3), and red dash lines are from SW transformation. (b) The error is propotional to h^3 .